

## Diocese of San Diego

### PERPETUAL EXPOSITION OF THE BLESSED SACRAMENT

“Perpetual exposition of the Blessed Sacrament is a liturgical act whereby the consecrated host is placed in a ciborium or in a monstrance outside of the tabernacle for an extended period of time [day after day for several hours a day] so that the faithful may together pray before the exposed Eucharist.”<sup>1</sup>

“The local Ordinary has the responsibility for the regulation of perpetual exposition. He determines when it is permissible and establishes the regulations to be followed in regard to perpetual exposition of the Blessed Sacrament.”<sup>2</sup>

Requests for permission for perpetual exposition must be made in writing to the Bishop by a pastor on behalf of his parish.

Diocesan norms are available through the Office for Liturgy and Spirituality.

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<sup>1</sup> Bishops' Committee on the Liturgy USCCB, *Thirty-One Questions on Adoration of the Blessed Sacrament*, Pastoral Liturgy Series • 2 (Washington, DC: USCCB, 2004), p. 9.

<sup>2</sup> Congregation for Divine Worship and the Discipline of the Sacraments, *Responsum ad dubium* received by the USCCB Committee on the Liturgy (July 1995), in *Solemn Exposition of the Holy Eucharist*, Liturgy Documentary Series 11 (Washington, DC: USCCB, 1996), 37.