

2025

**MILLION
MEAL
EVENT**



MILLION MEAL EVENT 2025



For I was hungry and you gave me food,
I was thirsty and you gave me something to drink,
I was a stranger and you welcomed me...

– Matthew 25:35

In the heart of each person, hope dwells and we must be the tangible sign of hope in the world. In 2023 and 2024, the Million Meal Event packed 1.5 million meals for hungry families living across the border and around the world. In 2025, this extraordinary event returns on June 14th at Cathedral High School, San Diego to manifest hope for our brothers and sisters who are living in poverty.

Join over 3,000 volunteers pack 1 million meals in one day. Parish communities, service organizations, schools and families are encouraged to organize and participate as a group and raise fund for the event. Every \$1 that is donated pays for four nutritious meals, in collaboration with Kids Around the World, whose mission is to fill the hungry with love, care and physical sustenance. Our goal is to raise \$300,000 and together, we can!

Sponsored by the Deacons of the Diocese of San Diego, in collaboration with Catholic Charities of the Diocese of San Diego, this faith-in-action project is a significant event where all of us, united in hope will be steadfast in our faith as witnesses of God who is love, compassion and hope for this world.

Sign up today and to put your faith in action!
Your generosity of time and financial contribution can enliven hope for the world!



www.ccdsd.org/million-meals-event/



MILLION MEAL EVENT

Presented by the deacons of the diocese of San Diego

One Million Meals for the Poor
Food Packaging Event
Saturday June 14, 2025
Cathedral Catholic High School

HOW TO BE TANGIBLE SIGNS OF HOPE

What we plan to do: Engage parishioners in parishes across our diocese to package **ONE MILLION** nutritional meals for the poor. These are high nutrition, easy to prepare meal packs (six meals in a bag). This highly successful event will be the fourth annual Million Meal Event.

How will we do it?

Annually, we partner with the nonprofit organization, **KIDS AROUND THE WORLD** (KATW), and this year, we are joined by **CATHOLIC CHARITIES OF DIOCESE OF SAN DIEGO** (CCDSD). KATW provides the raw materials and supply the equipment we need for the event. Million Meal Event organizing team from the **DEACONS OF SAN DIEGO** provides the volunteers and donations to buy food! CCDSD provides support with volunteer signups, publicity and donation tracking.

Where will the meals go? The one million packed meals go to hungry children and families in Baja, California, served by **CASA DE LOS POBRES**, and to the poor in **AFRICA** served by Kids Around the World.

How many volunteers do we need?

In total, we need **3,000 VOLUNTEERS** for a successful event! We hope that each parish can bring at least 50 people to the event. **We'll** package meals in two shifts: 8:30-11 and 12:30-3 PM on Saturday, June 14. Signups are ongoing now on the website: www.ccdsd.org/million-meals-event/

How much does it cost to do this project?

We will need to raise **\$300,000** which is the cost of the raw materials, equipment rental for the event, and the transportation to get meals to the people in need.

How will we raise the money?

If each parish can raise **JUST \$5,000** or more, this helps accomplish our collective goal! Families or groups can sponsor a box of meals, or can sponsor an aspect of the project, such as one of the packaging tables. Additionally, as volunteers sign up, they will be given an opportunity to make a donation to help cover the cost of the food.

Who can help? Everybody!!

Build a team of friends and family to help package meals, raise money for supplies, and organize a group to participate in the fun day of Million Meal Event on June 14th at Cathedral High School! This is a great event for families, small church communities, confirmation classes, classrooms, and everyone in the parish.

On packaging day, we can all be the **HANDS OF CHRIST!**

I AM A PASTOR OR DEACON OF A PARISH. WHAT CAN I DO?

1. This is a team effort among Pastors and Deacons. **This is an event sponsored and promoted by the Deacons and wives of the Diocese of San Diego.** In partnership with the Office for Permanent Diaconate and Catholic Charities of the Diocese of San Diego, all parishes, schools, and church lay movements and organizations of San Diego can bring hope to come alive!
2. Announce the event in your parish:
 - Bulletin Announcements (Flyer included)
 - Mass Announcements – It always helps to hear the pastor speak about this event as an excellent way to encourage participation.
 - Flocknote announcements from the parish
 - Parish Social Media announcements
3. Develop a Parish Leadership Team to:
 - Help organize from the parish level
 - Help raise fund and reach our \$300,000 goal and set your own parish goal
 - Help recruit and sign-up volunteers
4. Recruit and sign-up volunteers on the MME Website
www.ccdsd.org/million-meals-event/
5. Fundraise for the Event
 - Pastor and deacon collaborate and be creative on how this can be done.
 - We need to raise \$300,000 (\$0.27/meal, plus other expenses)
 - We need all parishes to participate in the event
 - This is approximately \$5,000 per parish
 - Smaller parish may raise less, but larger parishes can raise more
6. Manifest in each one the heart of Diakonia --- the heart of service and ministry --- and through the help of our pastors and deacons, help guide the people of God in our parishes to engage more deeply into the mystery of the service of charity.

Thank You for Your Support!!!



**This QR code connects directly to the registration page on our website.
Copy and paste it as needed!**

Million Meal Event Team
We are here to help you.

www.ccdsd.org/million-meals-event/

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One Million Meals for the Poor Food Packaging Event
Saturday June 14, 2025
Cathedral Catholic High School

SUGGESTED TALKING POINTS TO PASTORS, DEACONS, OR MME PARISH COORDINATORS

*“For I was hungry and you gave me food, I was thirsty and you gave me something to drink,
I was a stranger and you welcomed me.” [Mt 25:35]*

We would like to encourage our parish/school *[insert name of parish/school]* to support the amazing project known as the **“Million Meal Event.”** This is organized by the Deacons of the Diocese of San Diego so that we might all come together to help feed the hungry.

Over 3,000 volunteers of all ages from all over the diocese will work together at Cathedral Catholic High School to pack one million meals for the poor. It is an incredibly fun and rewarding day for everyone. It will be held on Saturday, June 14, and our parish/school will participate by taking a team of volunteers and raising money to help fund the project.

There are two shifts for meal packaging, one on Saturday morning and one in the afternoon. We would like our parish to sign up for the _____ shift so we can all be there together and build community. You can also volunteer to help setup the event the day before, or stay to help clean up on Saturday - we need your loving hands – there is much help to give!

Flyers are available *[in the back of the church]* for the event with a QR code to sign up.

In addition, we also want to help raise at least **\$5,000** *[or indicate other amount]* as a parish to help with the event. We will have *[a second collection / envelopes available in the pews / or provide instructions on how your parish/school wish to donate]* and ask you to make a donation. You can also donate online at the event website. If you want to write a check, make it payable to our parish and write **“Million Meal Event”** on the check.

You will be working alongside Catholics of all ages from all over San Diego, and supporting the poor in Mexico and Africa. Please join us in this most worthwhile effort. In the heart of each person, hope dwells and we must be the tangible sign of hope in the world, and as Jesus said, **“when I was hungry you fed me.”**

Let us be part of the 3,000 volunteers who will pack 1 million meals in one day. Every \$1 that is donated pays for four nutritious meals, in collaboration with Kids Around the World,

Sponsored by the Deacons of the Diocese of San Diego, in collaboration with Catholic Charities of the Diocese of San Diego, and Kids Around the World, whose mission is to fill the hungry with love, care and physical sustenance. Our goal is to raise \$300,000 and together, we can!

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SUGGESTED PULPIT ANNOUNCEMENT

In the heart of each person, hope dwells and we must be the tangible sign of hope in the world. On Saturday, June 14th, parish and school communities from the entire diocese of San Diego will gather to package one million meals for the poor! This extraordinary event will be held at Cathedral High School, San Diego to manifest hope for our brothers and sisters who are living in poverty. It is a fun and rewarding experience, and will benefit the hungry in the world. Organize as a group, as family or organization and join 3,000 volunteers of all ages. Pick up a flier or click on the QR code provided in the bulletin for more information.

SUGGESTED BULLETIN ANNOUNCEMENT

In the heart of each person, hope dwells and we must be the tangible sign of hope in the world. In 2023 and 2024, the Million Meal Event packed 1.5 million meals for hungry families living across the border and around the world. In 2025, this extraordinary event returns on June 14th at Cathedral High School, San Diego to manifest hope for our brothers and sisters who are living in poverty.

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FLYERS AND ADS



MILLION MEAL EVENT



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"I was hungry, and you gave me something to eat"

The Million Meal Event provides healthy meals to families facing extreme poverty.

JUNE 14, 2025

Cathedral Catholic High School

In collaboration with:



VOLUNTEER OR DONATE

www.ccdsd.org/million-meals-event/

For Questions, call:

 (858) 490-8211



EVENTO DE UN MILLÓN DE COMIDAS



Presentado por los Diáconos de la
Diócesis de San Diego

"Tuve hambre y me diste de comer"

El evento de un millón de comidas proporciona comidas saludables a familias que enfrentan pobreza extrema.

14 DE JUNIO DEL 2025

Cathedral Catholic High School

En colaboración con:



Para registrarse de voluntario o donar

www.ccdsd.org/million-meals-event/

Para preguntas, llame.

 (858) 490-8211



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DIOCESE OF SAN DIEGO



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QR CODE



SOCIAL MEDIA POSTS



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LINKS TO VIDEOS

MILLION MEAL EVENT 2025 PROMO VIDEO
[HTTPS://YOUTU.BE/TWE2X4SQTQ4](https://youtu.be/twe2x4sqtq4)

MEALS DELIVERY IN TIJUANA
[HTTPS://YOUTU.BE/KW7QTGIRL11](https://youtu.be/kw7qtgirl11)

MME
[HTTPS://YOUTU.BE/AXHOKRSFOVQ](https://youtu.be/axhokrsfovq)

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