

Catholic Mutual... "CARES"

INJURY AND LIABILITY CONTROL

SLIPS, TRIPS, AND FALLS – SAFETY SURVEY

This safety checklist is provided to assist you in preventing injuries. When the recommendations listed are put into practice, common injury hazards and exposures will be significantly reduced.

Slips	Yes	No
1. Is non-skid wax used whenever possible?	___	___
2. Are all spills wiped up promptly?	___	___
3. Have all throw rugs and carpet remnants been removed or replaced with non-skid mats?	___	___
4. Are all loose tiles, bricks, pavement surfaces or flooring repaired promptly?	___	___
5. Are snow and ice promptly removed from stairs, walkways, driveways, and parking lots?	___	___
6. Is salt, cinders, or other ice melt agents utilized?	___	___
7. Are spare rubber-backed carpeted mats available for high traffic entry ways during inclement weather?	___	___
8. Are downspouts directed away from walkways?	___	___

Trips

1. Are any materials stored in the hallways, aisles or stairways?	___	___
2. Is floor storage organized and minimized?	___	___
3. Are all drawers kept closed?	___	___
4. Are all electrical cords kept out of doorways and walkways? Are vinyl cord covers utilized?	___	___
5. Are uneven surfaces and steps clearly identifiable or marked?	___	___

Falls		Yes	No
1.	Do all stairs have sturdy handrails?	___	___
2.	Do stairs have light switches at the top and bottom?	___	___
3.	Are cracked and worn stair treads replaced promptly?	___	___
4.	Do you always use the handrail on stairs?	___	___
5.	Is adequate lighting available throughout your facility? Are timers adjusted for seasonal changes?	___	___
6.	Are all floor openings properly covered?	___	___
7.	Are fall hazards on your grounds, in parking lots, driveways and sidewalks properly repaired or clearly marked?	___	___
8.	Do you wear shoes with non-slip soles?	___	___
9.	Are non-skid mats used instead of throw rugs or carpet remnants?	___	___
10.	Do you always get help with a heavy load?	___	___
11.	Do you avoid carrying loads that block your vision?	___	___
12.	Do you use furniture or chairs instead of ladders?	___	___
13.	Before using a ladder, do you check the condition of the rungs, rails, and other parts to make sure that they are in good repair?	___	___
14.	Do you make sure that the top and bottom of the ladder is firmly placed and if on a soft surface, do you use a board to stabilize and support the ladder?	___	___
15.	Do you follow the 4 to 1 rule - ladder should be one rung length out from the wall for every four rungs to top of ladder?	___	___
16.	Do you avoid stretching to increase your span of reach?	___	___
17.	Do you always face toward the front while on the ladder? Avoid twisting or turning on the ladder?	___	___

		Yes	No
18.	Do you always avoid using the upper rungs and steps of a ladder?	___	___
19.	Do you always maintain at least 3 points of contact when ascending and descending a ladder?	___	___
20.	Do you make sure that stepladders are fully open, with the side braces latched?	___	___
21.	Do you prohibit the use of aluminum or steel ladders around or near electrical wires, switchboxes, or other electrical equipment?	___	___
22.	Do you inspect the scaffold prior to using it?	___	___
23.	Are braces used to prevent tip over?	___	___
24.	Before using a rolling scaffold, do you make sure that the wheels are locked or blocked?	___	___
25.	Do you climb down from a rolling scaffold before it is ever moved?	___	___
26.	Do you always wear a safety belt while you are on any scaffold, raised platform, or power platform?	___	___
27.	Are aerial lifts always inspected before use?	___	___
28.	Are braces used to prevent tip over?	___	___

(Revised 12/2018)