



## **Tessera in Marriage Formation**

The Tessera in Marriage Formation is intended to promote ongoing spiritual and intellectual formation for those involved or who would like to get involved in ministry to engaged or married couples.

It marks the half-way point towards fulfillment of requirements for the diocesan Certificate in Family Life Ministry or it can stand on its own for those with a special interest in ministry to marriage formation.

The program consists of 105 hours of formation and a 30 hour practicum completed under the direction of the Office for Family Life and Spirituality.



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## Requirements

### Required Courses (105 hrs):

C100 Basic Elements of Catholicism (20 hrs)  
or  
C110 Catechism of the Catholic Church (15 hrs)  
C200 Introduction to Morality (30 hrs)  
S130 Marriage Formation (15 hrs)  
S265 Theology of the Body (15 hrs)  
S270 Theology of Marriage (15 hrs)  
S420 Sexual Ethics (15 hrs)

### Practicum (30 hrs):

A supervised practicum of 30 hours must be completed under the direction of the diocesan Office for Family Life and Spirituality prior to granting the certificate. The certificate seeker should contact the office to design a suitable practicum.

San Diego Diocesan Institute  
858-490-8212

12/2020

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