



Join us for a day of compassion, accompaniment, understanding, and learning! *There will be a resource fair.*

Diocesan Mass for Mental Health Awareness

2026

Sunday May 17

Mass in English, 8:30 am | Mass in Spanish, 10:30 am



OUR LADY OF GUADALUPE
1770 Kearney Ave,
San Diego CA. 92113

For more information, please contact
the Office of Family Life and Spirituality
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