



Mental Health Ministry 101

Workshop Series

Tuesdays, 6:30 - 8:30 PM (May 19 - June 9, 2026)

- 5/19** Why Mental Health Ministry?
- 5/26** How to Start a Mental Health Ministry
- 6/2** Basic Mental Health Literacy
- 6/9** Psychological First Aid Training

SCAN QR CODE
TO REGISTER



Pastoral Center
3888 Paducah Dr.
San Diego, CA 92117