

-2026-

MENTAL
HEALTH
for
all

NAMIWalks



Support us as we participate in



namiWalks
San Diego



Saturday, April 25, 2026
NTC Park in Liberty Station



NAMIWalks is the annual community awareness and fundraising event benefitting
NAMI San Diego & Imperial Counties.

Take a lap around NTC Park at Liberty Station and explore local resources at the Wellness Expo as we come together to reduce stigma and champion Mental Health for All.

Participants of all ages are welcome. Registration is **free!**
Raise \$100+ on your individual fundraising page to earn an event T-shirt.

Join or donate here!



Why We Walk



To promote awareness of mental health and reduce stigma



To raise funds for NAMI's free, top-rated mental health programs



To build community and let people know they are not alone

Learn more at www.namiwalks.org/sandiego