

In the Beginning... *Coping with Life Alone*

A day for men and women experiencing the loss of a spouse through death, separation or divorce to begin healing and focus on moving forward.

Saturday, July 26, 2025
8:30 a.m. - 4 p.m.

St. Elizabeth Seton Catholic Church in Carlsbad, CA

PRE-REGISTRATION SUGGESTED

- 📞 Vicki - (858) 748-2273, no text
- ✉️ BeginningexperienceSD@gmail.com
- 💰 \$50, includes meals, snacks & drinks



Offering hope and healing



A day of support

 *Beginning
Experience*
listen.accompany.heal

While this program is intended to assist those newly grieving, all are welcome to attend.