


In the Beginning... *Coping with Life Alone*

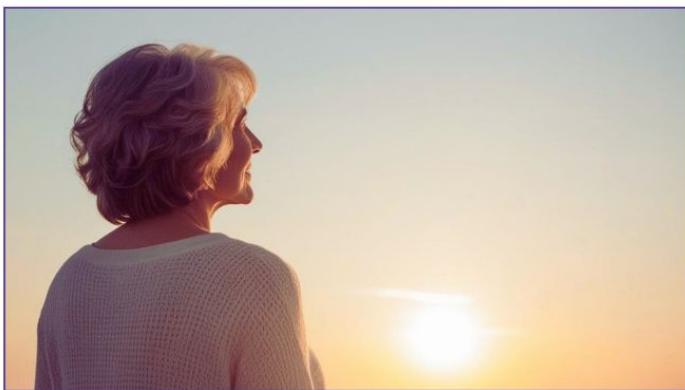
A day for men and women experiencing the loss of a spouse through death, separation or divorce to begin healing and focus on moving forward

Saturday, July 18, 2026
8:30 a.m. - 4 p.m.

St. Elizabeth Seton Catholic Church in Carlsbad, CA

TO REGISTER:

-  Vicki - (858) 748-2273, no text
-  BeginningExperienceSD@gmail.com
-  \$50, includes meals, snacks & drinks



Offering hope and healing



A day of support

 **Beginning Experience**
listen.accompany.heal

Beginning Experience of San Diego

While this program is intended to assist those newly grieving, all are welcome to attend.