



Consecration of the United States to the
Sacred Heart of Jesus

The USCCB will consecrate our nation to the Sacred Heart of Jesus in anticipation of the 250th anniversary of our nation.

To join in this historical effort, the Diocese of San Diego will participate in the 250 Holy Hours of adoration beginning the weekend of June 14 leading up to Independence Day on July 4. The 250 hours are collective hours, every person that attends; constitutes one hour. Parishes throughout the diocese will host Holy Hours based on the following themes specified by the USCCB:

Holy Hour for Life, Holy Hour for Peace, Holy Hour for Life, Marriage, and Religious Liberty, Holy Hour for Vocations, Holy Hour Against Racism, and Sacred Heart Holy Hour.

Mission Deanery

June 9, 2026	7:00 PM	The Immaculata, San Diego
June 14, 2026	11:00 AM	St. Charles of Borromeo, San Diego
June 16, 2026	7:00 PM	Our Mother of Confidence, San Diego
June 18, 2026	7:00 PM	Holy Family, San Diego
June 19, 2026	8:30 AM	Sacred Heart, San Diego
June 19, 2026	5:00 AM	St. Columba, San Diego
June 26, 2026	10:00 AM	Our Lady of Refuge, San Diego
June 26, 2026	7:00 PM	Our Lady of Refuge, San Diego (Spanish)
June 29, 2026	3:00 PM	Ascension, San Diego
July 1, 2026	6:30 PM	Immaculate Conception, San Diego
July 3, 2026	7:00 AM	Mission San Diego de Alcalá, San Diego
July 3, 2026	6:00 PM	Mission San Diego de Alcalá, San Diego
July 3, 2026	4:00 PM	St. Mary Magdalene, San Diego

