



**DIOCESE OF
SAN DIEGO**

Suicide Prevention (QPR) Training



BEFORE THE MASS



3:00pm – 4:00pm
IN THE PARISH HALL



**Learn How to Recognize
and Respond to
Suicide Warning Signs**



St. Therese of Carmel Parish

4355 Del Mar Trails Road
San Diego, CA 92130



*By learning and looking out for one another,
we can be instruments of hope
and help save lives.*



For more information, contact
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