WORKSHOP SERIES FROM THE OFFICE FOR FAMILY LIFE & SPIRITUALITY

Healing Pathways for Families

Accompanying Survivors of Sexual Trauma

Join us at one or all of our sessions designed to equip parish leaders, family members, and interested parishioners with information and tools to accompany families in their struggles. Each session will look at current sociological and psychological findings regarding the particular area. We hope to help families find God in their struggles, experience healing and live abundantly.

Anne Richardson & Joe Lonergan

Thursday, January 23, 2020

10:00 a.m. - 12:00 p.m. or 6:30 - 8:30 p.m.

Anne is a spiritual director, workshop leader, and facilitator of trauma groups for women. She recently published a workbook *Not Alone: a Christ-centered recovery process for women who have experienced physical, emotional or sexual trauma*. She wrote an article on Accompanying Survivors of Trauma which was published in the summer of 2019.

Joe is a cradle Catholic who was educated at Catholic schools throughout his life. He is working towards his certification as a spiritual director at Emmaus Ministries through Loyola Marymount University. He has worked mainly with men, designing retreats, and offering spiritual guidance, and is part of Illuman, an international nonprofit organization for men.

"I thank God that many families, which are far from considering themselves perfect, live in love, fulfill their calling and keep moving forward, even if they fall many times along the way." - Pope Francis, AL, 57

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RSVP to nmendez@sdcatholic.org. Walk-ins welcome!

$ Suggested donation: $10