



**DIOCESE OF
SAN DIEGO**

OFFICE FOR
**FAMILY LIFE &
SPIRITUALITY**

SAT, DECEMBER 9, 2023



MENTAL HEALTH MINISTRY LEADERS & THERAPISTS ARE WELCOME!

Mental Health Ministry Day of Reflection



CLARISSA MARTINEZ



FR. BRAD
MILLS. SJ

8:30 AM-NOON

PASTORAL CENTER

3888 PADUCAH DR / 92117

BREAKFAST AT 8:30 AM

MASS & RE-COMMISSIONING

AT 11AM

*Please join us in prayer and fellowship as we
renew our commitment to serve those
impacted by mental health challenges.*

Suggested donation of \$10

PLEASE REGISTER: [TINYURL.COM/MHRETREAT2023](https://tinyurl.com/mhretreat2023)

OR CALL 858-490-8299

